



ALL ARMS

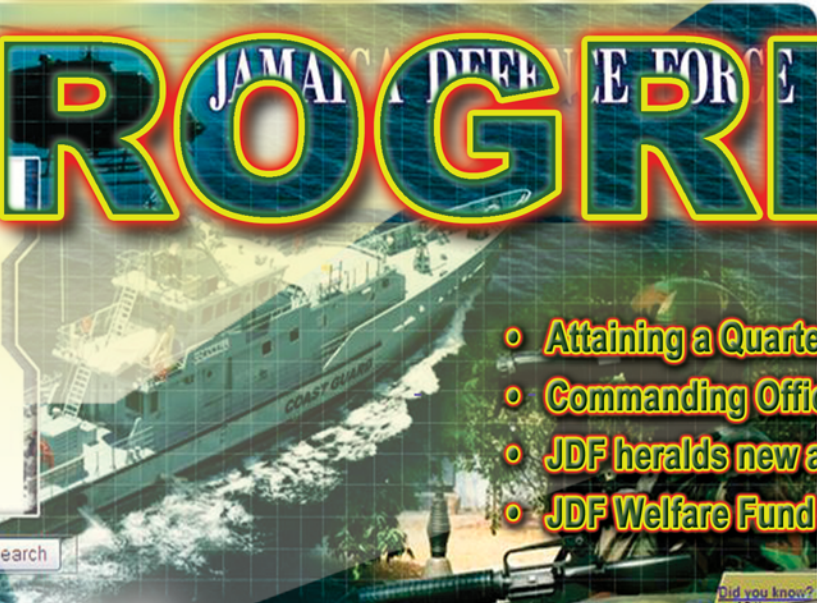
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THE OFFICIAL QUARTERLY LETTER OF THE JAMAICA DEFENCE FORCE



SDR IN

PROGRESS



- Attaining a Quartermaster Commission ...Page 3
- Commanding Officer for a day ...Page 5
- JDF heralds new appointments ...Page 10
- JDF Welfare Fund ...Page 10

- Overview
- Comms and Bases
- Jamaica Military Band
- JDF Members
- JCCF
- Jamaica Legion
- RAFA
- C.A.M.P
- Jam. Ex-Soldiers Assc
- Photo Gallery
- Email
- All Arms

SDR Search

- Vision Statement
- Mission Statement
- Core Values
- Biographies
- Information B
- FAQs
- Previous D



Chief of Defence Staff's Message



Maj Gen S E Saunders, ADC, MSc, JP, psc

During the past year significant achievements have been realized in the development of the JDF through the transformation (Imple-

mentation) process of the Strategic Defence Review (SDR). Briefly, we had the approval for the new Headquarters Jamaica Defence Force (HQ JDF) structure which features the Legal and Strategy, Planning and Policies Departments, the reorganization of Support and Services Battalion with an approved establishment of a Medical Company, the approved establishment of the Combat Support Battalion, and the approval to re-establish Silent Companies in the Regular Infantry Battalions, the establishment of the Jamaica Military Aviation School (JMAS), to name some of the developments so far.

All these establishments have vacancies at various levels which have to be filled in order for them to become fully operational.

While they have presented the opportunities for service personnel to ad-

THE SDR AND YOU

vance themselves for the good of the organization there are additional matters that must be dealt with concurrently as we continue to transform the organization in order to ensure its capability of serving the nation's interests.

My next objective is to see to the required increases in, the JDF AW/JDF AW(NR), the JDF CG/JDF CG(NR) the Garrison Warrant Officers' and Sergeants' Mess administration, the administration of the office of the JDF Chaplain and the establishment of the 1 Engineer Regiment (JDF) Reserve Squadron. Critical to the transformation process also is the need to strategically position the JDF in the minds and realities of our traditional and non-traditional allies in the global community. This will be the subject of a Defence Board Submission in early 2009.

Although opportunities abound be-

cause of new developments, service members must ensure that they equip themselves adequately in order to assume new and greater responsibilities. You must ensure that you are fully aware of and identify with the goals and objectives of the organization. You must ensure that your performance, on and off the job, is in keeping with the standards demanded by the JDF so that our core values, Discipline, Integrity, Honour, Commitment, Courage and Loyalty are the behaviours displayed, enforced and maintained. It is only through these means that we will be able to maintain our professionalism as an organization in service to our Nation.

As we continue the journey of transformation I wish for you, your friends and families a blessed Christmas and all that is good for the New Year!

All Arms

Volume 7, Issue 3; 4th Quarter, Dec 08

All Arms is the quarterly newsletter of the Jamaica Defence Force, and is an official publication. The newsletter exists to communicate policy, plans and newsworthy occurrences in the JDF.

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DISTINGUISHED CAREERS

THERE IS NO SECRET TO SUCCESS



2Lt Marie Henry, SO3 J9 (Civ/Mil Co-op)

It is no easy task; sheer sacrifice; determination; an arduous and laborious experience; but perseverance and proven ability have translated into a glow of triumph and achievements.

The truism, 'the half has never yet been told' characterizes the attempt to pen in a discourse how some stanch products of this noble institution have risen to prominence.

Promotion shows the progress of one's career. When the soldier reaches the ceiling of his/her career in the enlisted ranks, what next?

Career soldiers, from the onset, would aspire for a Quartermaster Commission as this is where they believe their rise in the military eclipses, having acquired the requisite service knowledge, skills and expertise. Rightfully so too, the Force usually taps into the know-how of Senior Non Commissioned Officers and Warrant Officers who have distinguished themselves with the right work ethics, attitudes and good conduct by offering them a QM Commission to continue in service but with greater responsibility.

The JDF has recently conferred Quartermaster (QM) Commissions on five distinguished military personnel in the personage of Capt(QM) Naneith Black, Lts (QM) Robert Bruce, Gladstone Allen, Heleda Thompson – all four from the rank of Warrant Officer Class two (Aug

08) – and Lieutenant (jg) Rohan Rodgers, from the rank of Chief Petty Officer –SSgt – (Apr 08). But what sets them apart from their peers? They are individually unique but have similar career paths.

In separate interviews with **All Arms**, the newly commissioned Officers unequivocally stated that their success is merited. It was also highlighted that in order to succeed in the JDF one must observe and adhere to its Core Values. The QM Officers represent a wide cross-section of the Force which means that the system is unbiased and recognizes hard work wherever it is.

The inimitable Capt Black's service in the JDF is a distinctive one, being in the second batch of females to be enlisted in the Force in Jun 77. Capt Black has trained several recruits as a Sergeant and today her joy is to see the product of her work. She trained persons like Lt Thompson and WO1 Carol Black. "I was so proud when I saw persons whom I have trained in the interview [before the Defence Board]," she told **All Arms**. When asked what made her remain in the service for so many years she said, "I love my job, I love to produce...I am married to the army." Capt Black has been giving dedicated service for 31 years. She is presently the Quartermaster and Procurement Officer at 1 Engr Regt (JDF).

"I love the clerical field but QM is more challenging," Lt Thompson re-

vealed. "As a young soldier I thought about [being commissioned] but having spent almost 11 years as a Sergeant, I started thinking that I wouldn't make it." But Lt Thompson never stopped working hard. She spent 17 of her 22 years of service in the clerical field at HQ JDF.

Today, Lt Thompson's commission has inspired many Other Ranks to aspire to be a QM Officer. Lt Thompson is presently the QM for 2 JR.

"I have always commanded a certain level of respect," is a sentiment echoed by the three male officers in response to a question of how they are dealing with their newly acquired status (being saluted and called 'Sir'). Whilst that respect has not changed, their tasks and responsibilities certainly have. According to Lt Allen, the bar has been raised and much is expected of him. He was WOIC Aircraft Engineer Support at the JDF AW prior to his commission, now he is Administrative Officer at JDF CG.

For Lt (jg) Rodgers, it is a sense of achievement to be commissioned. Whilst he remains at the JDF CG, his responsibilities have changed. He is 2IC for the Marine Workshop which means that he is no longer in charge of only three sailors but assists the OC with the entire Sub-Unit. He believes he owes it to the Force to give back as he had received endless opportunities which taught him specialized skills. He

cont'd on Page 8

SDR's PROGRESS ACROSS THE FORCE

Lt Col David Cummings, SO1 J5 (Strat, Plan and Pol)

The fundamental thing to remember about the SDR is that it will transform the JDF into a capability-based force. A military capability is the ability to accomplish a task through a combination of infrastructure, equipment, command and control, human resources and training (note the linkages between these areas as you read on).

“What’s in it for me?”

Regarding Command and Control, the newly restructured HQ JDF and the soon to be constructed Joint Operations Centre will result in better long term operational planning, and more efficient mission coordination on joint operations with the JCF and our other operational partners. What is in it for the average soldier is an enhanced probability of mission success, better situational awareness, and less time spent waiting around for things to happen.

Equipment is always a hot issue, with soldiers always wanting to know when the next new and shiny bit of kit will arrive. The SDR however is not just about new kit, but more so about the right kit in the hands of the right soldier. More specifically, we will shortly commence receipt of the new JDF troop transportation trucks. They are being manufactured by Freightliner (one of the worlds best truck manufacturers), and when they arrive, you will notice the many “soldier friendly” features such as padded seats for troops, and better placed handles and footsteps to help you get in and out of them. By the time you read this article, the new Flight Simulator would have arrived and been installed at JMAS, and the Firearms Training Simulator (FATS) should also have arrived for installation in the newly constructed container building near RHQ. The aim of acquiring these simulators is to



New trucks to be delivered in 2009.



allow for more realistic training, whilst at the same time reducing the risk of injuries and accidents, as well as minimizing training cost.

Discussing simulators leads us right into training. Under the SDR soldiers will see many more training opportunities unfolding. Already, JMAS and JDFT T1 are open and are approaching their full training capacity. These institutions will result in the JDF having much greater

control over our training, allowing for more persons to be trained, under conditions similar to those encountered overseas, but without the added pressure of being away from home and family.

Infrastructure is another critical area needed to achieve the full operational capability of the JDF. The SDR sought to further strengthen

cont'd on Page 8

ATTAINING A QUARTERMASTER COMMISSION

LCpl Juliet Clarke, HQ JDF (Civ/Mil Co-op)



Lt Heleda Thompson receives her Quartermaster Commission parchment from the CDS.

Becoming an officer – attaining a Quartermaster (QM) Commission is usually the ultimate goal for most soldiers in the JDF.

A QM Commission is granted to members of the Regular Force who have progressed through the ranks, gained sufficient service knowledge and have excelled in their career. The commission is subject to vacancy and the approval of the Defence Board.

Criteria
The procedure is quite

straightforward and soldiers may refer to the Force Standing Orders Chapter 2, Instruction C, for guidance. The process starts with an application for a Commission. You must be Jamaican (which is a criterion for enlistment), serve a minimum of 12 years and attain the rank of Staff Sergeant or above, for at least four years. How you are regarded can also influence the decision, whether you are a subject-matter expert and display sound service knowledge and good work ethics.

Interview Process and Commissioning

The applicant will be interviewed first by a Board of Officers. If recommended, the soldier will be seen by the CDS and if successful, will then appear before the Commission’s Board. If approved, the soldier will be granted a commission in the rank of Lieutenant, Captain, or Major, depending on their seniority. Soldiers can consult the Queen’s Regulation to calculate the expected rank should their application be successful.

QM officers are not usually

promoted into command positions, which normally limits their promotion to the rank of Major.

Tenure

Just as Regular Officers, QM officers shall retire at the age limit specific to their rank, which is for Lieutenant to Major, 47 years old. However, on reaching that age, the Officer can apply to the Defence Board to ‘continue in the service beyond the prescribed age limit’.

There are 29 QM Officers currently serving across the Force. ☼

DEVELOPMENT AND PREPAREDNESS FOR THE NEXT STEP

Dr. Jacqueline Simmonds-Goulbourne
Lecturer, UWJ

Development is the fuel of efficiency and effectiveness for any living organism. This article is an excerpt from a study done on the JDF to determine how well the organization develops its workers from the point of joining through to separation. Interviews were done with 34 Ex-JDF employees and the present and past Human Resource Managers.

The life of an organization is its human resource base. Hence, true development of an organization will, and can only occur, when the human resource base is developed. Integral to this type of development is the act of preparing workers to, effectively perform at higher standards, at higher levels and in other environments. The aim of development is to ensure that the organization yields greater profit and productivity and that workers will be ready for change.

The study showed the JDF as exemplary in this area of human resource development. Majority of respondents (91 %) demonstrated that the organization’s commitment to human resource development prepared them for their assignments, and ensured competences for the civilian roles they occupy upon separation.

All respondents said they developed professionally, some had training as engineers, seamen, instructors, firemen, accountants, to name a few. Almost all persons developed personally. They reported that personally, they were better at interpersonal skills, team work, well rounded, and able to function in any situation. They were ready to face any task. These areas of development led to very high levels (97%) of satisfaction with the military career. In spite of these developmental achievements, a number of persons (41%) sepa-

rated from the organization not knowing where they wanted to go, what they wanted to do and how they were going to do it. These persons (41%) suffered varying degrees of retirement or separation stress symptoms. They showed maladjustment, unpreparedness, and lack of development for retirement and civilian roles.

Therefore, as the JDF [implements] this strategic review of the organization, special attention must be placed on preparing workers for retirement. This is an area of weakness in the organization identified by the study. Respondents felt that the JDF should expose them to, and ensure, strategic, deliberate, and direct steps for the practical, factual, sociological, and psychological aspects of preparedness for adjustment and functioning in retirement and civilian roles. This type of preparedness needs to be early, all-inclusive, and



Dr. Jacqueline Simmonds-Goulbourne

comprehensive, in order to ensure that all members are well adjusted to post-military roles. ☼

Editorial

YOU AND THE SDR



Col Rocky R Meade, PhD

As the implementation of the Strategic Defence Review (SDR) enters its 4th year, one striking observation is that some soldiers are still unaware of some of the relevant details of the Review and what it means for them.

HAVE YOUR SAY

All members of the JDF are invited to submit opinions/comments to the Editor on articles or any other relevant matters pertaining to service in the JDF. Views expressed here do not necessarily represent the policies of **All Arms** or the JDF.

Troop vs Admin: Which is the Greater of the Two?

With a Force of over 2500 members and the magnitude of work which has to be done, transportation should be paramount. There are eight battalions in the JDF, each with an estimated 358 soldiers. The legal requirement per truck is 24 and 30 for a bus; therefore this would require at least five of each to satisfy transportation needs.

The last time that troop carrying trucks were purchased was 1998. Since then, there have been numerous admin vehicles purchased; SUVs and cars which have been used mostly to transport officers. The most recent addition being ten Nissan Navara

pick-ups which have been described as 'change of staff vehicles'. This occurred while there are only 16 troop-carrying vehicles in the entire Force, some of which make frequent trips to the JDF workshop in order to be road worthy.

The size of the Force continues to increase as well as its responsibilities. How can we carry out our tasks with no adequate transportation? Is there any plan to purchase troop-carrying vehicles?

Cpl Oliver Clarke
JDF TU, Sp and Svcs Bn

**Editor's Note: See SDR article on Page 3*

The SDR and Me

We live in an ever changing world. There have been phenomenal changes in climate, culture and economic policies, and countries have had to adapt to these global changes. Changes in military policies and tactics are part of the global transformation. We have seen where developed countries such as the United States, England and Canada have undergone transformation in their operational techniques and images to meet the changing conditions.

Jamaica has seen the need for change in its military policies and relevance. The JDF has decided to review its purpose and organizational principles through a process of the Strategic Defence Review (SDR). This review is an examination of where the JDF is now, where it wants to be in the future and how to get

there. The process of transformation has begun and will be ongoing for a few years until the desired 'end state' is achieved.

As a soldier, employed as a rifleman, in HQ Coy 1JR, the process of the SDR allows me to become a more rounded serviceman. I am encouraged to maintain a high standard of fitness both in water and on land. During my tenure in the Force, I have always anticipated a time of transformation which would see to a balancing of some of our military ideals, customs and principles. Some of these principles were in need of urgent attention in order to balance and improve the lives of soldiers as individuals and the army as a whole.

I have seen the transformation by integration of various skilled areas, which were once exclusive entities.

This impression was garnered from individual interaction with numerous service members. On the positive side is the fact that everyone appears to at least be aware that there is an SDR and that the broad aim of it is to make the JDF more efficient and effective. The details are, however, important and this issue of **All Arms** is focused on continuing the process of enlightening and updating the members of the Force and the wider community.

You need to know what is in the SDR for you and what your role is in the SDR. Some persons have already started to equip themselves for the greater responsibilities, as directed in this issue's message from the CDS and as recognised in the Distinguished Careers feature on the five new QM Commissioned Officers. Maj Cummings (SO1 J5) provides, in his article, a progress report on the SDR, highlighting structural changes and acquisitions. Our guest contributor, Dr. Jacqueline Simmonds-Goulbourne, reminds us to not just provide good training that can be used beyond the JDF, as she thinks we now do very well, but also to have a more overt retirement planning programme. Not to be left out, Private Rohan Thompson gives his perspective of the

SDR in 'Have Your Say'.

Having been selected to fill the post of Colonel General Staff (Col GS), this will be the final issue of **All Arms** over which I will preside. However, in my new role, I intend to continue to assist in enlightening the Force about the progress of the SDR implementation through more structured 'study days' and having the SDR Implementation Team go from Unit to Unit to continue to spread the word. I also intend to provide additional initiatives to satisfy the general intent of the CDS. The first of these is to expand, across the Force, the relationship that was started between HEART Trust/NTA and 1 Engr Regt (JDF), with a view to having all JDF trades and courses nationally certified, accredited or at least recognised for credit in civilian educational institutions.

I wish to thank the members of the **All Arms** team for their support and hard work, as this is a secondary duty for all. More important, I would like to thank all of you, the contributors and readers. Without you there would be no **All Arms**. Continue to support the new Chairman so that, as the JDF grows from strength to strength, so too will your voices through your **All Arms**. ✨

REFLECTIVE BELTS EVERYONE

Persons jogging in the mornings or evenings in Up Park Camp should be required to wear reflective belts. While physical fitness is a personal responsibility, it is mandatory that each serving member meet the Force's standard of fitness. It is with this requirement in mind that throughout the JDF soldiers set aside time from their busy schedule to jog in the early mornings and late evenings.

Unfortunately, whereas it is the policy that organized road runs have escorts wearing reflective vests, neither the soldiers nor the civilians who jog in the wee hours of the mornings and late evenings are required to wear any form of illumination.

The JDF should be proactive and not

wait until a major accident occurs before a preventative policy is put in place. One way of doing so is to make it mandatory for all joggers on military bases to wear, at minimum, an illuminated belt. I suggest that this policy is adopted as soon as possible. It makes no sense to be pennywise and pound foolish. These illuminated belts do not cost much and could be added to items for sale to soldiers at the PRI's shops.

The motto is true that 'fitness is the key to good soldering', but an accident would destroy all the disciplined hard work. Be proactive when jogging, wear illuminated belts everyone.

Cpl Byron Patton
1 Engr Regt (JDF)

Departments are now incorporated into one main unit such as communications which now incorporates signals departments of all Units and ISC. Such a venture leads to a situation in which there is better order and greater accomplishment of missions. As an infanteer, I embrace these good changes and methodologies that are implemented since they make my job more interesting and worthwhile.

My analysis of the objectives of the SDR indicates that for it to work effectively and efficiently, a great deal of capital will be required. While the SDR has good intentions, let us remember that nothing is built on intentions and promises, but hard work (physical effort), dedication and capital. Faced with a global economic crisis, it is going to be really difficult for the SDR to achieve at a desirable

'run rate'. Jamaica has its more than fair share of financial challenges and is not exempted from the current financial tsunami of the North Americas.

As a serving member of the JDF, I would be pleased to see all proposals bear fruit, primarily in the areas that target the reduction in crime and the implementation of better crime fighting capabilities and the improvements of soldier skills and education. Any minute success in these areas will significantly improve the esteem of the soldiers and ultimately the society will benefit. However, all of us will have to play our part in ensuring that the system of transformation through the 'vehicle' of the SDR stays on track and bears fruit!

Pte Rohan Thompson
HQ Coy, 1 JR

WITHIN OUR UNITS

JDF Technical Training Institute; A SDR Human Resource Development Component

2Lt Akeen Haughton-James, 1 Engr Regt (JDF)



JDF's Technical Training Institute (TTI) was established as a bi-product of the Strategic Defence Review (SDR). The improvement of the human resource through education is a popular theme of the SDR. The SDR gave primacy to the development of soldiers as an important component in its goal to modernize the Force. The added value of the TTI as a command tool for the development of the JDF's human resource is evident in its results since opening.

14 Jan 08 in partnership with the HEART Trust/NTA with a course loading of 48 trainees from 1 Engr Regt (JDF). Training was offered in General Construction which comprises masonry, carpentry and joinery and steel-fixing. The instructors comprised both military and civilian personnel with external assessment conducted by HEART Trust. Forty-seven students graduated on 29 Aug 08, having met the standard to receive certification at Level II in General Construction.

began training on 13 Oct 08 with a course loading of 46. Training is being offered in General Construction, Electrical Installation and Welding and Fabrication at Level II. The general certifications allow the graduates to be mustered in the various trades.

It is projected that in the medium to long term, future training will be offered to members of other Units as well as to civilians, many of whom it is hoped will opt to serve in the JDF on completion of their training. ☼

The Institute started operation on

The second batch of trainees

"COMMANDING OFFICER FOR A DAY"

Cpl Joseph Lewis, HQ HDF (Civ/Mil Coop)



SSgt Richard White acting as the 'CO for a Day' for Sp and Svcs Bn.

It is not the norm for a soldier to get the chance to be the Commanding Officer (CO) for his/her unit. Yet, SSgt Richard White of Sp and Svcs Bn got such an oppor-

tunity on 01 Oct 08. He was selected to act as the CO for that day. The initiative came out of a Welfare Meeting, where much interest was shown, in the many questions posed to the CO about his routine. SSgt White was among those who asked about the CO duties.

At the start of his 'Day', SSgt White was greeted at the Bn HQ by the Support Staff and received the courtesy salute. He was briefed on the functions of the HQ and given a familiarization tour before taking up position at the CO's desk.

"It was amazing to see how many things the CO has to do on a daily basis," said SSgt White. "I think SSgt White did

a great job," said Lt Col Dunn. "He attended meetings with most of the OCs of the various sub-units and gave a good account of himself. He even came up with some vital points during the meetings. It was refreshing to have another voice from the Other Rank," said the CO.

"I have more respect now more than ever for the CO's Office," said SSgt White. He went on to say that he learnt that as a CO you have to make some unpopular decision that affects the different sub-units.

"It was a rewarding experience for both of us," said Lt Col DUNN. He added that it is his intention to make the effort an ongoing one. ☼

JDF AIR WING MODERNIZING

2Lt Brenetta Hunter, JDF Air Wing

The aphorism 'change is the constant, the signal of rebirth,' is an embodiment of the Strategic Defence Review (SDR) and the intent to transform and modernize the Force. The JDF Air Wing, like all other units, has a role. CO JDF AW, Lt Col Geoffrey Roper, has briefed his Unit to be prepared for the impending changes.

The impact of the SDR has seen the Unit benefitting from the acquisition of new modernized aircraft, improvement of aircrew man standards, training of both pilots and technicians and infra-structural development.

In August 2008, the Unit acquired three new aircraft; two Bell 407 single engines aircraft and a Bell 206B Jet Ranger aircraft. Both Bell 407 aircraft serve to enhance the mission and operational capabilities of the Unit while the Jet Ranger is the first aircraft procured for rotary training of young pilots to wings standard. The implications of this acquisition mean that the JDF AW is presently leading the way for the training of military pilots in the region.

The JDF stands to benefit immensely from modernization of all units; not only will the Force mission capabilities be increased, but soldiers will be sure of their role and carry them out with certainty; thus realizing the holistic approach that is intended by the SDR. ☼

JOINT TASK FORCE (JTF): The New Face of Operations

2Lt Nadine Notice, 2 JR



CDS tours 2 JR's AOR

*As the first Trg Offr, the Late Capt Julius Gordon (right, rear) was integral to the formation of the JTF.

Jul 28, 08 will be remembered as the day when the Joint Task Force (JTF) became operational. The JTF was formed as a result of

the Strategic Defence Review (SDR), which outlined the need for a greater collaboration between the JDF and the JCF in crime-fighting and the emerging security threats in the country.

The JTF comprises four task forces, each with a specific mandate within its respective area of responsibilities. All deployments are joint. 2JR, as the Infantry battalion stationed in Kingston, was given the task of spearheading JDF's efforts in the Task Force operations.

The functions of the JTF vary from routine patrols to intelligence-driven countermeasures against gang leaders. The push of the JTF to close-in on criminal elements has been fruitful. The Task Force Commanders often have coordinating meetings where vital intelligence is shared. A JTF HQ, also called Joint Operation Command Centre (JOCC), has been constructed at Harman

Barracks. At this location, a JDF Duty Officer and a JCF Duty Officer are always on call. Air support from JDF AW can be called in and delivered in real time. This heightened responsiveness has led to the recovery of several weapons.

A series of joint JDF/JCF training sessions has helped to reduce potentially hampering doctrinal and tactical differences. Of worth is the opportunity for JDF/JCF personnel to forge cohesive professional relationships.

The JTF had its teething problems. These problems were primarily logistical in nature and most were quickly addressed. The strategies being employed have much potential. The intelligence-gathering and the cumulative resources of the JDF and JCF are an emerging and decisive force against the criminal enclaves. ☼

Candia's Camera

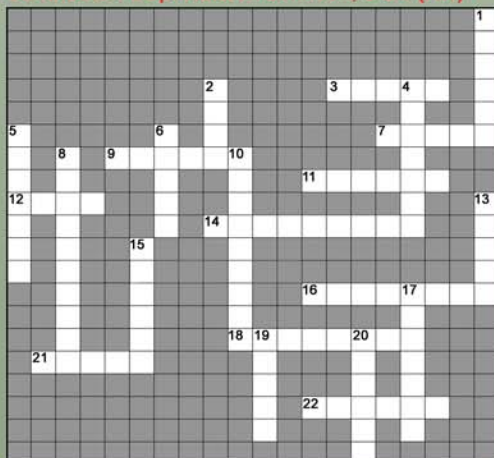
Merry Christmas



Highlights from events held in the 4th quarter.

Puzzle

Contributor: LCpl Ralston Johnson, 3 JR (NR)



ACROSS

- 3 month of Prince of Wales 2008 visit
- 7 Achieve promotion quickly
- 9 JDF entry/exit gate
- 11 Coast Guard soldier
- 12 Soldier's vehicle
- 14 Short soldiers' nickname
- 16 CO Assistance
- 18 Army rank
- 21 1973-1979 COS last name
- 22 Red Fence

DOWN

- 1 Military sport
- 2 CO's name
- 4 JDF Core Values
- 5 Type of battle drill
- 6 Former COS
- 8 Music conductor
- 10 _____ Defence Review
- 13 JDF Magazine publication
- 15 _____ Road (name of JDF road)
- 17 abbv. telephone conversation
- 19 abbv. Operation Security
- 20 _____ orderly

Solution on Page 8

and a Happy New Year



Ms Ceceile Webb, who has given almost 13 years of service to the JDF, is seen industriously carrying out her duties as a clerk (clippings) at HQ JDF.



Snapshots following the Service of Thanksgiving for the Late Capt Julius Gordon.



QM officers' promotion party.



Lt Col (then Maj) David Cummings (l) receives his Medal of Honour for Meritorious Service. Right are some of the officers who assisted at the Investiture Ceremony.



On Remembrance Day, the CDS pays respect to the fallen men and women from the Great Wars and His Excellency the Governor-General greets the members of the Jamaica Legion and RAFA who were on parade.



Col Trevor MacMillan in his capacity as MNS addresses the 3 JR (NR) Passing Out Parade, which was held at the JDF AW Fire Base following the onset of inclement weather.



Col (then Lt Col) Rocky Meade held a parade where he placed on the new badges of rank on the soldiers who were recently promoted and handed out the decorations to this year's medal recipients. Here his RSM, WO1 Lloyd Smith, receives his new rank insignia from the CO.

You Know Did You Know Did You Know Did You Know Did You Know Did You Know Did You Know

FROM RANKER TO GENERAL

Merrick Needham, OD, MVO
Contributor



My congratulations to the Warrant Officers whose Quarter-

master Commissions have been publicised in this issue. These remind me of the one-time British Army adage: 'There's a Field Marshal's baton in every Private's knapsack'. However, has that ever actually come true?

Certainly there are instances of private soldiers rising to senior commis-

sioned rank; one memorable case – as far back as the mid-1890s – was of a famous Sergeant Luke O'Connor of the former Royal Welch Fusiliers (which served in Jamaica from 1951-54). In the Crimean War he won one of the earlier Victoria Crosses, was later commissioned and eventually became a General.

Nonetheless there was only one instance which really proved the old adage. A Private William Robertson enlisted at the age of seventeen and while it took him all of ten years to become an NCO, only a year later he was commissioned as a Second Lieutenant. Subsequently, he was the very first **cont'd on Page 8**

THAT MIXED DRESS

WO2 Neville Smith, 3JR (NR)



The decade of the '70s had just kicked in. I was still in High School, and proud of being a member of the Cadet Force (JCCF) and having role models, such as the CDS, Maj Gen Stewart Saunders, and Col (Ref'd) Linton Graham, who were Sergeant Majors then in the JCCF.

My experiences of the JCCF were good, but not enough to persuade me to enlist in the JDF. What propelled me into the military, were my seniors at school and other young men in the neighbourhood, dressed neatly in their olive green trousers, KD shirts neatly tucked in, with their sleeves precisely folded, green and gold staple belt, green beret, highly polished gaiters and meticulously burnished **cont'd on Page 8**

Soldiers' Health Issues

Grief and Depression

Lt Veroina Deslandes
Mental Health Nurse Practitioner/Counsellor, JDF MRS

It is inevitable that some degree of sadness and depression will be experienced during one's life cycle. Sadness and depression are symptoms of grief, however, grief itself is not considered a disorder. According to the Diagnostic and Statistical Manual of Mental Disorders, sadness associated with bereavement is a normal reaction to loss. However, the normal length of bereavement varies from person to person and culture to culture. Grief is the subjective feelings and effects that are precipitated by a loss. A loss can be real or perceived. For example: death, separation, divorce, loss of body function, independence, finance and self esteem.

Depression is a mood state characterized by a feeling of sadness, dejection, despair, discouragement, and/or hopelessness associated with physical changes e.g. headache, weakness and anger. Both grief and depression have several symptoms in common, such as insomnia, poor appetite, difficulty con-

centrating, weight loss, and loss of interest in pleasurable activities. Grief tends to be trigger-related while Major Depression on the other hand, tends to be more pervasive, with the person rarely getting any relief from his/her symptoms which must be present for more than two months. About two thirds of all depressed patients contemplate suicide, and 10 to 15 percent commit suicide (Kaplan & Sadock 2001).

While grief can be extremely painful, there is generally no medical indication to treat it. All that is needed is ventilation (able to talk, cry and finding methods to cope), a good support system and time. However, in instances where grief related anxiety, insomnia, and depression are present and interfere with one's daily activities medication may be necessary.

The person who is diagnosed with Major Depressive Disorder can be treated with psychopharmacology (drugs used to treat mental conditions) and



Lt Veroina Deslandes

psychotherapy (a technique used by mental health professionals to help individuals solve their problems).

Members of the Force who are experiencing grief or depression can report to the JDF MRS and speak directly with the Counsellor or seek the intervention of the Force Chaplain. They can be referred for counselling by a Medical Officer, a Commander, or a Senior Non-Commissioned Officer. ✨

SDR cont'd from Page 3

the links with our international military partners, and this has led to the Canadian military conducting a series of major exercises here in Jamaica (Exercise Tropical HAMMER) over the past few years. Their main aim surrounds pre-deployment training, but what has been a major boost for us are the resulting infrastructure projects undertaken jointly with our Engineer Regiment. The new CJCSC facility, JMAS, a new air conditioned barrack room at the JDF CG, and a complete new barracks for C-TOG are some of the projects that are either completed or near completion. You will also notice construction commencing on the new HQ JDF Operations Centre, and plans for the new, and long overdue accommodation facilities are also currently being finalized.

The last and most important component of JDF capability is you, the individual soldier (Human Resources). Let me disappoint you right away and tell you that the

SDR is not what will deliver extra pay in your pocket. What the SDR will do is afford you more opportunities to improve yourself, such that you will be in a better position to be eligible for promotion, or learn a critical skill/trade. The other main benefit of the SDR for each soldier will be a more equitable distribution of the workload through a more robust Command and Control system.

The SDR was never intended to provide "all the answers," but more so a roadmap of the direction in which we want to go as a Force, as well as a framework of how we will get there. You are all encouraged to bring your own ideas forward through the appropriate channels. There is a lot in the SDR for each and every soldier, though it will take time for the deliverables to materialize. However, the question on your minds regarding the SDR should not just be "What's in it for me?" but also "How can I help?" ✨

Mixed Dress cont'd from Page 7

boots. That dress, with the exception of the ceremonial, was the most attractive I have seen a JDF soldier wear and I joined just to wear that particular dress.

Unfortunately, while I was a recruit, Part 1 Orders were published banning the wearing of "mixed dress" as it was called. I was disappointed and felt little desire to continue. But if I dropped out I would have been faced with the consequence of being seen as soft, weak, or worse, a non-achiever.

The decision to stay on exposed me to reasons to serve other than wearing the "mixed dress". I found myself quite comfortable being a soldier and working alongside the police in the maintenance of law and order. I found it quite interesting to be able to switch from working as a civilian at one point of a day and in a military capacity on the same day.

Thirty-four years later I still enjoy the team work which is unequalled anywhere else. The camaraderie is a culture to cherish and preserve. Importantly, it is most satisfying to participate in the development of other soldiers.

I remain disappointed, today, for not having the opportunity to wear that coveted 'mixed dress', but I am enormously gratified to have had the opportunity to serve. ✨

General cont'd from Page 7

ranker to pass Staff College.

Steadily promoted and holding several significant senior appointments, the by then General Robertson was made a baronet (a sort of hereditary knight) in 1919. Finally, the following year he became Field Marshal Sir William Robertson. ✨

(I am grateful to the British Defence Adviser, Colonel Neil Salisbury for assistance with research for this piece.)

WELCOME TO THE JDF FAMILY INTAKE 99

Cpl Joseph Lewis, HQ JDF (Civ/Mil Co-op)



Passing Out Parade Intake No. 99

It was a family affair at the Moneague Training Camp on 20 Dec 08 as members of the 99th Intake went through their Passing Out Parade spectacle. There were lots of cheers from the relatives whose cheers grew even louder as members of

the Intake were singled out for individual awards.

The training began on 14 Sep 08 with 125, but only 107 recruits and four Potential Officers passed out. It is fair to say that only the best had survived. The top award for

Best Recruit went to George Fisher, a past student of Papine High School, St Andrew.

"It was a great feeling to be adjudged the best recruit," said Recruit Fisher. "I wanted to join the JDF from I was a child so this is a dream come true."

The Reviewing Officer, Sen the Hon Col Trevor MacMillan, Minister of National Security, in his address, complemented the recruits on their success and implored them to live up to the core values of the JDF. ✨

Distinguished cont'd from Page 2

hastened to cite the Marine Engineering Artificers Qualifying Course, which makes him one of seven persons to be so qualified in the entire JDF.

Lt Bruce takes a holistic approach to his work. As a member of the Engineer Regiment for almost 21 years, Lt Bruce excels in the refrigeration/air conditioning field. An admirable military bearing, good conduct and discipline have characterized his career.

In closing, Lt Bruce gives the equation for a successful career, "Know your commander's intent, work hard and go the extra mile". He is the Garrison Engineer at 1 Engr Regt (JDF). ✨

Solution to Puzzle



INTERNATIONAL LINKS

Battle of Britain Remembrance

2 Lt Jevan Brown, JDF AW



JDF AW Parade stands at attention for the blowing of the Retreat.

The Battle of Britain remembrance is an annual commemoration of the efforts of the officers and soldiers who fought in that battle. The Battle of Britain was the name given to the sustained strategic effort by the German Air Forces during the summer and

autumn of 1940, to gain air superiority over the Royal Air Force. It was the first major campaign to be fought entirely by air forces and was the largest and most sustained bombing campaign attempted up until that date.

The failure of Nazi Germany to reach its objectives - to destroy Britain's air defence or to force Britain out of the war by forcing an armistice or surrender - is considered both its first major defeat and a crucial turning point in the war.

This year's memorial took the form of a church



CO JDF AW, Lt Col Geoffrey Roper (l) converses with the British DA, Col Neil Salisbury (2nd l), Maj Gen Robert Neish and Col (then Lt Col) Rocky Meade (c).

service, brunch and a parade. The event was jointly spearheaded by the Royal Air Forces Association (RAFA) and the JDF AW. The church service was held on 14 Sep 08. The sermon was delivered by the Force Chaplain, Capt Rev'd Denston Smaling, and throughout the service various tributes were given by members of RAFA and the JDF AW. Brunch was held at Curphey Place after the service.

The parade took place on the following Monday and was held at the National Heroes Park. Jamaican veterans of World War II lined up alongside JDF troops for the parade. At 1100 hrs the Last Post bugle call was blown and a salute given. This was followed by the Reveille and a fly past by two JDF Diamond DA-40 aircraft. Wreaths were then laid at the base of the cenotaph, by representatives of RAFA, the JDF AW and the British Consulate.

After the parade, refreshments were provided at Curphey Place. While there, invitations were given for ex-JDF AW service members and current serving members, with at least two years of service, to join RAFA. ☼

JDF COASTGUARD - HELPING TO FORMULATE OCEAN AND COASTAL ZONE MANAGEMENT POLICY

Mr Peter Espeut

Chairman, Cays Management Committee, National Council on Oceans and Coastal Zone Management



Mr Peter Espeut

Jamaica is often thought of as an island state, but this is not correct. Jamaica is made up of over sixty islands, cays and rocks, of which four contain resident Jamaican citizens year-round, and four more are seasonally inhabited. The Maritime Areas Act of 1996 officially declares Jamaica to be an archipelagic state, and our government apparatus is charged with the responsibility

to govern not just mainland Jamaica but all the islands - inhabited or not - as well as the waters surrounding them; but few government agencies seriously concern themselves with anywhere other than the mainland.

The National Council on Oceans and Coastal Zone Management (NCOCZM) was created by the Jamaican Cabinet to co-ordinate Jamaica's marine and coastal zone policy; it is based in the Ministry of Foreign Affairs which administers the Maritime Areas Act; the Commanding Officer of the Jamaica Defence Force Coast Guard, Commander Kenneth Douglas, is a member of the NCOCZM.

Being concerned that Ja-

maica's other islands, cays and rocks are in need of proper management, the NCOCZM has created the "Cays Management Committee" to explore the issues and to make recommendations to the National Council; the writer of this article is the chairman of the committee, and Cdr Douglas is an active member. Other agencies represented are the Ministry of Foreign Affairs, the National Land Agency (NLA), the National Solid Waste Management Authority (NSWMA), the Kingston and St. Andrew Corporation (KSAC), the Urban Development Corporation (UDC), the Caribbean Coastal Area Management Foundation (C-CAM) and The Nature Conservancy (TNC).

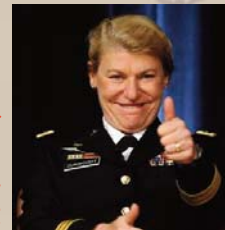
The first task of the Cays

Management Committee was to familiarize the members with as many of the cays as was practicable, and in this, the JDF CG played a key role. Three field trips were planned and executed: the Portland Bight Cays in Jun 08, Morant Cays and the Bowden Cays in Jul 08, and to the Pedro Cays in Oct 08. On these field trips the committee members observed carefully the condition of the cays noting the natural and human impacts, and wrote reports with their recommendations. On the two inhabited Pedro Cays several of the residents were interviewed, and their first-hand information was incorporated into the reports.

Now that this task is complete, the next step is to **cont'd on Page 10**

First Female Four-Star General Gives the Thumbs Up on her Promotion

Gen Dunwoody, 55, is the first female to become a four-star General in the U.S. military. "Thirty-three years after I took the oath as a second lieutenant," she notes. She credits the army for her achievements. Dunwoody will be responsible for equipping and arming all soldiers



Her husband, retired Air Force officer, Col (Retd) Craig Brotchie, had the honour of pinning on her new rank insignia. Gen Dunwoody is from a lineage of military men. Her father Brig Gen (Retd) Harold Dunwoody, 89, a decorated war veteran, was present at her historic promotion. ☼

SERVING ALONGSIDE THE ROYAL NAVY

LS Devon Brown, JDF CG



JDF Coast Guard has had a long-standing relationship with the Royal Navy (RN). This relationship has

grown to accommodate the annual Exercise Redstripe/Calypto Hop. The naval segment of the exercise is an ex-

change of personnel from both naval establishments. In the last two years thirteen persons (six from the RN and seven from the JDF CG) have made the journey across the Atlantic. This past summer I was privileged along with two other JDF CG sailors to participate in the Exchange.

The exchange done between Her Majesty Jamaican Ships (HMJS) and the UK Fisheries Protection Squadron (RN) is usually three weeks long. Whilst onboard HMJS, RN counterparts are fully immersed into JDF CG life at sea and alongside. They participate in offshore patrols, dash crew duties and small boat operations. Onboard RN ships, JDF CG personnel were ex-

posed to the RN method of conducting fisheries protection boardings.

We were exposed to seamanship, engineering, gunnery, supplies and communications, which equipped us to carry out our duties in more systematic and professional manner. The boarding exercises in particular, enabled us to hone our communication and man management skills; and the watch duties sharpened our skills at steering, lookout and contact reporting.

Not surprising, some of the RN methods were almost identical in seamanship as the JDF CG in establishing its SOPs had adopted much of the RN doctrine. ☼

IN FOCUS:

'A' Branch

JDF Welfare Fund

Capt O'neil Bogle, SO3 J4 (Fin & Logs)

Undoubtedly many serving personnel, especially the most junior in our ranks, would have noticed a one (01) day salary deduction at source in the month of October for the benefit of the Welfare Fund. It is not far-fetched that some of us would have questioned the necessity of our hard earned contribution, as many of us believe that we would never be in a position of need and are not aware of anyone benefitting from the Welfare Fund. Notwithstanding what are the benefits, why did our forefathers establish the Fund for my or your perceived benefit?

It is beneficial to note that the JDF Welfare Fund, first and foremost, is a benevolent fund established to offer financial assistance to ex-serving regular and reserve members of the

Force. The types of assistance offered are numerous, but the majority of the loans are approved to offset funeral expenses. In fact, for the period Jan to Oct 08, some 32 soldiers and two officers received loans totaling \$1.87M which was paid over to funeral homes. That compares to \$1.07M which was paid over to 26 soldiers to offset funeral expenses in 2007. It is clear that soldiers are the overwhelming beneficiaries of the loans issued over the two year periods as the officers accounted for less than one percent (1%).

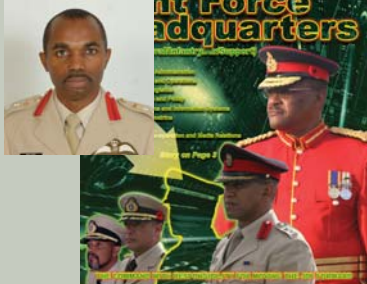
The Fund also provides grants on a case by case basis, and over the period Jan 07 to Oct 08, some \$0.614M was issued. The funds were also used to provide medical assistance to both ex and serving members, and to assist the family

members of ex members with their funeral expenses.

Additionally, the Welfare Fund also sponsors the staging of JDF Children's Christmas Party, annual Christmas Dinners, JDF Children's Bible School and Summer Camp and the procurement of washer/dryers at the various Laundromats across the Force.

It is noteworthy the high levels of uncertainty that exist in the international financial markets which through our linkages may lead to reductions in consumption, investment and ultimately our personal and national well-being. Likewise, we cannot predict the next disaster which may affect our wellbeing and it is for those and other uncertainties that substantiate the existence of the Welfare Fund. ☼

JDF heralds new appointments



The post of Colonel General Staff (Col GS), vacant since Col Antony Anderson's appointment as the DCDS, has been filled. Col Rocky Meade was welcomed to HQ JDF on 08 Dec 08 to serve as the Col GS.

Several officers have also been promoted to fill other senior appointments: Lt Col Andrew Sewell, CO 2JR; Lt Col Gary Rowe, CO Cbt Sp Bn; Lt Col Trevor Leckie, CO HQ JDF Int; Lt Col Patrick Cole, SO1 J8 (Legal) and Lt Col David Cummings as SO1 J5 (Strat, Plan and Pol).

Coastal Zone cont'd from Page 9

convert the reports into policy recommendations which will be submitted to the NCOCZM for consideration. These will include proposed legislation and regulations as well as management structures and strategies.

The Cays Management Committee and the National Council are grateful and indebted to the JDF CG for the help received, without which the progress made would not have been possible! The members of all the tour parties have openly stated how proud they feel as Jamaicans to have experienced the professional and efficient manner with which the JDF officers conducted the logistics of the tours.

The reward for good work is more work! It is likely that the JDF CG will have a role to play in the future management regime for Jamaica's archipelagic resources. ☼

The Gleaner Honours JDF



Maj Gen Saunders displays JDF's award from The Gleaner.

The JDF is the proud recipient of The Gleaner Honour Award for 2008 for Public Service. The inscription on the award spelled out that the military was honoured 'for its service to Jamaicans in times of crises'. The CDS, Maj Gen Stewart Saunders, accepted the award on behalf of the JDF at the presentations held at the Jamaica Pegasus Hotel on 10 Nov 08. Gen Saunders was accompanied by the DCDS Col Antony Anderson, FSM WO1 Orlando Levene and PO (Civ), Ms Cynthia Smickle.

Every member of the JDF, both military and civilian, can reflect with pride on this prestigious Public Service award. The public honour signals that the Force's efforts have not gone unnoticed and the vision of the Force to be relevant to its citizenry is being achieved - 'To maintain a high quality professional Defence Force that is valued by the nation, a Defence Force that is ready and capable of conducting a range of operations to protect our national interests and the well-being of our citizens'.

Since 1949, the Gleaner Company has been recognizing outstanding individuals and organizations that have significantly contributed to improving the quality of life in Jamaica, at any time, during the last twelve months prior to the award, or with the likelihood of bringing about such change in the immediate future. ☼

Editor's Note: The Public Service Award can be viewed in the Force Conference Room.

VOX POP

Cpl Joseph Lewis, HQ JDF (Civ/Mil Co-op)

1. How much do you know about the JDF Welfare Fund?

2. Have you or anyone you know benefitted from the Fund and how?

3. Should the one-day's pay per year contribution to the Welfare Fund be increased?



Capt Jerome Richardson
1 JR, 9 years

a. Yes, I know about the JDF Welfare Fund and that it is used to assist serving and ex-members of the JDF who are having specific financial challenges.

b. I personally have not benefitted, but I know about two soldiers who have. They received funeral grants to bury close relatives.

c. I don't think the Fund should be increased. I think the one day's pay is sufficient per year.

WO2 Howard Hunter
HQ JDF, 27 years



a. I know enough about the Fund to pass on information to others about it.

b. I have not benefitted from the Fund but I know a lot of people who have, for instance, an ex-JDF Warrant Officer who had problems with his house and the fund was used to help him sort this out.

c. No, I think the fund as it stands is adequately serving its purpose.



Cfm Fabian Watson
JDF AW, 8 years

a. Yes, I know that it helps a lot of soldiers who are in difficulties.

b. Yes, I have a friend who has received help from the Fund. He had a death in his family and he got a grant from the Fund to offset some of the cost.

c. No, I don't think the one day's pay should increase. Over the years, our pay has been increasing, so the Fund in itself is increasing; therefore, there is no need to increase the amount of money to the Fund.

Spr Timoy Cameron
1 Engr Regt (JDF), 5 years



a. I don't know much about the Welfare Fund except that one day's pay is taken out of my salary every October to contribute to it.

b. I have never benefitted from the Welfare Fund neither do I know of anyone who has benefitted from it.

c. I don't think the Welfare Fund should be increased, if every soldier of the Force gives one day's pay to the Fund per year, I think that's good enough.



LCpl Stephen Wilmot
3JR (NR), 8 years

a. Yes, I know about the JDF Welfare Fund. It is available to assist soldiers when they fall on bad times.

b. I know of persons who have benefitted from the Welfare Fund but I have not benefitted from it.

c. No, I definitely don't think the Welfare Fund should be increased. In reality, I think the amount of money being collected should decrease.

Pte Dane Johnson
2JR, 18 months



a. I don't know much about the Fund, only that it helps to fund the CDS' Cocktail Party.*

b. I have not benefitted from the Fund neither do I know of anyone who has.

c. I don't think the Fund should be increased because I think the amount of money being collected now is sufficient.

Editor's Note: Incorrect, The JDF Welfare Fund is NOT used to fund the CDS' Cocktail Party.

OUR EXTENDED FAMILY

JDF AW COORDINATES RELIEF SUPPLIES FOR JDF AUXILIARY WORKERS

Lt Kayon Mills, JDF AW



Ms Rita Clarke (l) and Ms An-Marie Bennett (r) receiving donations from JDF AW.



Tropical Storm 'Gustav' in August left in its wake the destruction of the homes of two JDF auxiliary workers, Ms Ann-Marie Bennett who works at JDF AW and Ms Rita Clarke at HQ JDF. Both workers homes in McGregor Gully, East Kingston, were severely inundated by the storm.

The JDF AW upon learning of their misfortunes initiated a collection drive that was supported by members of the Unit. The Unit further coordinated its assistance with ODPEM. JDF AW's intervention resulted in Ms Bennett receiving two mattresses, mattress covers, a refrigerator and a stove and Ms Clarke, two mattresses and other relief items such

as utensils and food. The Unit also arranged for Ms Bennett's damaged furniture to be taken to 1 Engr Regt (JDF) for repair.

The donated items were presented by Lt Col Geoffrey Roper, CO JDF AW, in Oct 08. The ladies expressed their gratitude to the JDF AW for the support received. Ms Bennett had special thanks to Cfm Tawee McLean, LCpl Dave Morgan and co-worker Ms Nadine Murray for their show of concern, calling her during the storm to find out her well-being. A pleased Ms Bennett said, 'The JDF AW is my family and working here means a lot to me, I enjoy every moment of it.' ✨

A SOLDIER'S STORY OF HOPE 'From poverty to graduate school'

WO2 Sharon Ellington, HQ JDF



Cpl Canute White

Born somewhere in the vicinity of Spanish Town Road on 08 Feb 68, he lived on Nelson St in West Kingston until age five. In 1973, his father moved the family to Waterhouse, where his home became very dysfunctional. The five-year old boy became afraid of the nest where he expected to be loved and protected. He suffered physical and emotional abuses as his father drifted into alcoholism and his mother, despite

the physical abuses inflicted by his father, continued to do domestic work to keep the family fed. During those desolate years, he endured poverty and was exposed to criminal violence in the worst ways.

Several years after his father deserted the family, he and his mother and three other siblings were forced to live in 'one room', which was floored with board, covering the garbage-filled nest of huge rats, which ran freely through the room and occasionally on the bed at nights. The bed being the floor dressed with old garments. The rats often snatch the little basic food that his mother could afford. This often forced the episodes of hungry nights. The dwelling had no electricity and the adolescent boy used the 'home sweet home' lamp to view the pages of the books he borrowed.

Despite the instability and poor living condition, his mother ensured that he attended school, but he was never monitored.

At one stage, he deliberately stopped from primary school and nobody questioned his truancy. He recalled attending his own PTA meetings at St. George's College and reading his own report cards. There he revealed his plight to a teacher who ensured that he was provided with lunch and emotional support. He graduated on 01Jul 84 with two subjects, and immediately sought work.

He eventually joined the JDF in 1988, and resumed his studies. He successfully sat and passed a number of CXC and GCE 'A' Levels. In his pursuit of a BSc degree at Northern Caribbean University, he made the Dean's list twice and graduated in Aug 07 Magna Cum Laude (high praise). Cpl White is currently pursuing two Master's degrees.

Cpl White's story underscores that poverty is not a deterrent to one's upward mobility especially in the JDF. ✨

Novice cont'd from Page 12

He showed me all that he knew about goalkeeping. In the following year I took over the position as the number one goalkeeper for the JDF team.'

The Force took a three-year

break from competitive sports, but Cpl Brown kept up the discipline of training. In 2003, when JDF re-entered the National level, Cpl Brown was voted the Most Outstanding Goalkeeper for the Division One League. He has since

been voted most outstanding goalkeeper in the Men's 5 competitions repeatedly.

His success has led him to represent Jamaica in competitions in the USA, Venezuela, Dominican Republic, Trinidad and

Tobago and Barbados. "The game has done so much for me," said the father of three children. Cpl Brown is the captain and goalkeeper of the JDF's team. He is also the goalkeeper coach for the Under 21 male team and re-

cently guided them to be the national champions. "Anyone who is willing to play the sport, with hard work and determination they can reach the top," Cpl Brown said. ✨

TRIBUTE TO A FALLEN BROTHER

SSgt Pamela Millen, HQ JDF



The Late LCpl Oral Pinnock

We were close as Pinnock was the sibling who followed me. His birthday was 11th while mine was the 12th of June. We usually celebrate together, needless to say birthdays will never be the same again.

A hard working individual who spent his time trying to improve and learn new things, nothing was too hard for him to do and he would not shirk from his duties. Pinnock was a fun loving soul who lived for people and was totally selfless as many soldiers can attest.

My brother died doing what he loved best and my family and I find solace in that fact. He died like a genuine hero who thought of his "comrades" first and made the ultimate sacrifice.

Godspeed my brother, till we meet again. ✨

In the wee hours of the morning of 26 May 08, I was awakened by my supervisor Capt Derrick Brown, to be told that my brother LCpl Oral Pinnock had been killed in the line of duty.

Initially I was very upset, because my brother was an ambitious 33-year-old soldier, who had not fully evolved to his full potential. However, after deep reflection I realized that he did his part and I certainly have a lot of fond memories.

Hockey cont'd from Page 12

The current team is comprised of twenty players, six of whom are current national representatives two are former national representatives, and four members are local umpires.

The JDF Hockey Team is currently conditioned by Lt R Barrett, a former vice captain of the national team and a Federation of International Hockey (FIH) judge.

The success of the JDF Hockey team over the years can be attributed to:

- Time invested in training
- Knowledge and experience of the coaching team
- Determination and enthusiasm of the team members
- Sponsorship and support of HQ and corporate Jamaica. ✨

Football cont'd from Page 12

compete – gear, boots, training facility and accommodation when they travel out of Kingston for matches. He views these requisites as key in motivating the squad to achieve their desired end state. The team also has the benefit of their faithful coach, SSgt Owen Nelson who has acquired a lot of coaching experience in the last three seasons and is keen on delivering a win this year.

Teams win matches on the field, so the players will have to perform at the highest level during matches. It will be a long season, so the focus and determination of the players will be tested. The soldiers must show their fighting spirit, and march on! ✨

ALL ARMS Sports

THE QUARTERLY NEWSLETTER OF THE JAMAICA DEFENCE FORCE

FOOTBALL TEAM KEEN TO DELIVER A WIN

Pte Rohan Campbell, 1 JR

The JDF will be participating in the KSAFA Super League and Jackie Bell Knockout Competition for the 2008/2009 season. The team placed 3rd in the 2007/2008 and is keen on winning the Super League competition and be elevated to the Premier League. Due to operational commitment only a small

squad, comprising 18 players, was assembled this year.

The squad predominantly comprised players who were members of the previous squad. Other players were identified during trials that were held in September or while playing in the Force Football Competition in October.

Under the leadership of the newly appointed Force Football Officer, Major Murphy Pryce, the team has renewed



1 Engr Regt (JDF) team receives the winner's trophy.

its commitment to excellence. Major Pryce has set his priority area as 'administration', which he explains is making sure the players have what they need to

cont'd on Page 11

March and Shoot competition Results

| Units | Points | Position |
|-------------------|--------|----------|
| 1JR | 210 | 1st |
| Sp and Svcs Bn | 187 | 2nd |
| JDF AW | 166 | 3rd |
| 2 JR | 145 | 4th |
| 3JR (NR) | 94 | 5th |
| 1 Engr Regt (JDF) | 49 | 6th |
| JDF CG | -78 | 7th |

Sports Highlights

Force Orienteering Competition Results for 2008:

| Units | Points | Position |
|-------------------|--------|----------|
| 1JR | 24 | 1st |
| 2JR | 19 | 2nd |
| 1 Engr Regt (JDF) | 18 | 3rd |
| 3JR (NR) | 16 | 4th |
| JDF AW | 15 | 5th |
| Sp and Svcs Bn | 13 | 6th |
| JDF CG | 7 | 7th |

Force Football Team

The team is currently competing in the KSAFA League being held from 22 Nov 08 to 31 May 09.

Hockey

In Jan 09 the JDF Hockey team will be participating in the Jamaica Hockey Federation Indoor Competition.

Rugby

The JDF team is currently participating in the Jamaica Rugby Union competition which will end in May 09.

Netball

The team is participating in the Jamaica Netball Association Open League which is being held over the period Nov 08 to Feb 09. The team came second in the Open Rally on the 24 Oct 08.

"FROM NOVICE TO PROFESSIONAL"

Cpl Joseph Lewis, HQ JDF (Civ/Mil Co-op)

Cpl Sheldon Brown started out as a novice hockey goalkeeper, today he is an umpire for the game and sits on the Jamaica Hockey Federation (JHF) Facilities Committee.

Cpl Brown is a Section Commander, No 9 Section at 'A' Coy, where he demonstrates similar competency and leadership that he displays in hockey.

'In 1997 I was detailed to represent my company in the Inter-Company Field Hockey Competition.' He revealed, 'I had no clue of what field hockey was all about.'

'All you have to do is just prevent the ball from going into the goal,' he was instructed by the team coach, then Sgt Milton Hall.

'This I did, and my Coy won the competition and I was adjudged the best goalkeeper of the competition.'

After the Company competition, Cpl Brown was selected to represent the Battalion in Inter-Unit competitions. His game improved further when the late Capt Milton Richards convinced him to join the JDF team.

cont'd on Page 11

Hockey team shows appreciation to sponsors

Lt Radcliffe Barrett, 3 JR (NR)



JDF Hockey team has developed into a force to be reckoned with. It has acquired the fearsome distinction of being the first team to win six of the eight competitions held in a season. The persons who are named in JDF's Hockey Hall of Fame are:

- Lt Col D Robinson
- Lt Col G Roper
- Maj R Rowe

- WO1 D Smith aka Danny Dread
- EX WO2 C C Coley
- The late Capt. Milton Richards

Since the inception of the late Capt Milton Richards Tournament in 2003, JDF won the tournament for the first time in 2008. In Oct 08, the team won the JHF competition by clinically dis-

patching Sharpes Rebels by a resounding 6-1 margin. Pte Rowe, M - 2JR, was adjudged Top Goal Scorer with 29 goals. With this achievement the team now qualifies to represent Jamaica at the Caribbean Club Championship to be held in Trinidad in 2009.

cont'd on Page 11